

## SET UP YOUR TELADOC ACCOUNT NOW!



Visit [Teladoc.com/feelbetter](http://Teladoc.com/feelbetter).

**2** Enter your name, date of birth and Member #  
(exactly as printed on your card/booklet)

**3** Click **Set Up Account**

## COMPLETE YOUR MEDICAL HISTORY DISCLOSURE (MHD)

Your MHD provides Teladoc doctors with the information they need to make an accurate diagnosis.

**1** Complete all fields on the Personal Information page

**2** Create My Login Information

**3** Enter your medical history

**4** Click **Continue** on the Billing Information page  
(\$ 0 for you)

**5** Follow the instructions to review and confirm

**6** Click **My Medical History** to add more medical info  
& **My Family** to add dependents

### WHEN TO USE TELADOC

- Cold and flu symptoms
- Bronchitis
- Respiratory infection
- Sinus problems
- Allergies
- Urinary Tract Infection
- Ear infection
- Pink eye



If you have any issues,  
please call

**1-855-VIP-DOCS**  
**(1-855-847-3627)**.

Now you're registered!  
When you need to  
request a doctor consult,  
call the Teladoc number  
above or visit  
[teladoc.com/feelbetter](http://teladoc.com/feelbetter).

**This plan is NOT insurance.** This plan provides discounts at certain healthcare providers for medical services. This plan does not make payments directly to the providers of medical services. The plan member is obligated to pay for all healthcare services but will receive a discount from those healthcare providers who have contracted with the discount plan organization. **This discount card program contains a 30 day cancellation period.** MA Residents: The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under M.G.L. c. 111M and 956 CMR 5.00.

Discount Medical Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 671309 Dallas, TX 75367-1309, 800-800-7616. Website to obtain participating providers: [www.locateproviders.com](http://www.locateproviders.com).

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